



Vidyavardhaka Sangha (R.) Mysuru
VIDYAVARDHAKA LAW COLLEGE
Sheshadri Iyer Road, Mysore – 570001

REPORT ON INTERNATIONAL MEN'S DAY



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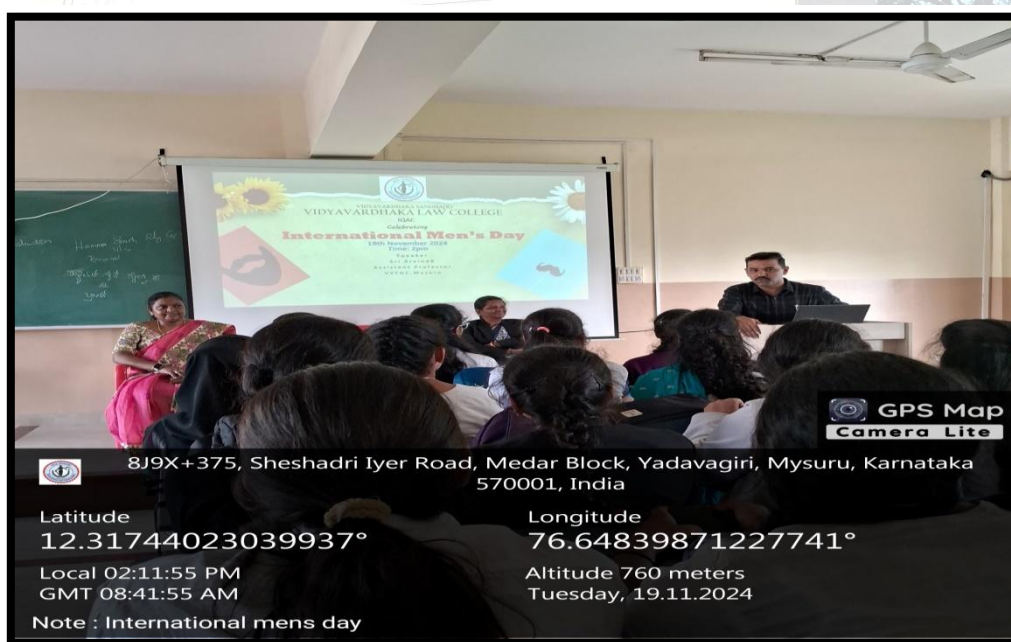
Report on Celebration of Men's Day

On 19th November 2024 International Men's Day was celebrated. In this occasion Sri Arvind R, Assistant Professor in English, VVFGC spoke about importance of celebrating Men's Day and on the theme Positive Male Role Models.

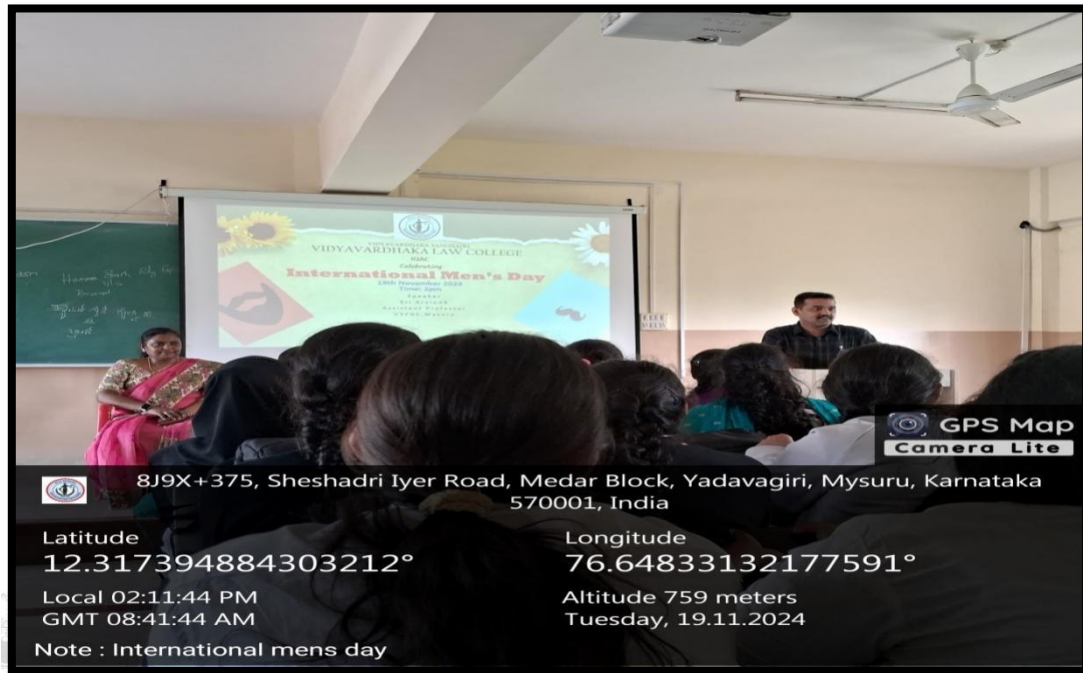
Addressing the student gathering he said day focuses on bringing attention to the health, well-being, and positive role models among men while promoting conversations around gender equality and men's issues. The celebration was first introduced in 1999 by Dr Jerome Teelucksingh in Trinidad and Tobago, aiming to highlight the achievements of men and address issues impacting their lives.

The day serves as an opportunity to appreciate the men in our lives whether father, brothers, partners or friends who contribute to society in meaningful ways.

It also sheds light on the challenges men face such as mental health struggles, high rate of suicide and societal pressures. International Men's Day aims to break down gender stereotypes, encourage open conversation and build support systems for men to lead healthier and happier lives.



International Men's Day celebrates the positive impact men have on society while emphasizing their well-being. It provides a platform to discuss critical issues like mental health, challenge stereotypes, and promote gender equality. By highlighting the importance of positive male role models and addressing societal pressures, the day encourages open dialogue and fosters support systems for men. Its ultimate goal is to create a more inclusive and compassionate world that values everyone's contributions and happiness.



The theme of 2024 focuses on Men's health champions. It is a call to action focusing on improving men's overall health and well-being, celebrating individuals and organizations committed to reducing health challenges faced by boys and men.

The programme concluded with vote of thanks delivered by Dr. Sridevi Krishna, Asst.Professor.

