



Vidyavardhaka Sangha®

VIDYAVARDHAKA LAW COLLEGE

Sheshadri Iyer Road, Mysuru-01

IQAC

Organising

Special Lecture

on

Personality Development



RESOURCE PERSON

M.K. Chandrahas

Founder Director

Karnataka Gnana Ganga Trust ®

Financial Consultant

Guest and Motivational Speaker

Hubballi, Karnataka

PRESIDED BY

Dr. Deepu P

Principal VVLC, Mysuru

HON'BLE PRESENCE

Prof. K. B Vasudeva

Director of Legal Studies, VVLC, Mysuru

Date: 14th December 2023
11:30AM

Time:

Venue: Lecture Hall No 09

All are cordially invited



VIDYAVARDHAKA LAW COLLEGE SHESHADRI IYER ROAD, MYSURU-1

REPORT ON PERSONALITY DEVELOPMENT PROGRAMME

On 14th December 2023 programme on Personality development was organized for 5years B.A, LL.B students. Sri Shivakaumara H.S, Asst. Professor of law welcomed and introduced the guest. Addressing the students he said Personality is sum of the work and behavior. "If you want to shine like a Sun you have to burn like a sun ". Personality development has been defined in many ways but as a Psychological Concept there are five keys to personality development

- a) Openness
- b) Consciousness
- c) Extraversion
- d) Agreeableness
- e) Neuroticism.

The four qualities of a good Personality are integrity, altruism, amiability and magnanimity.



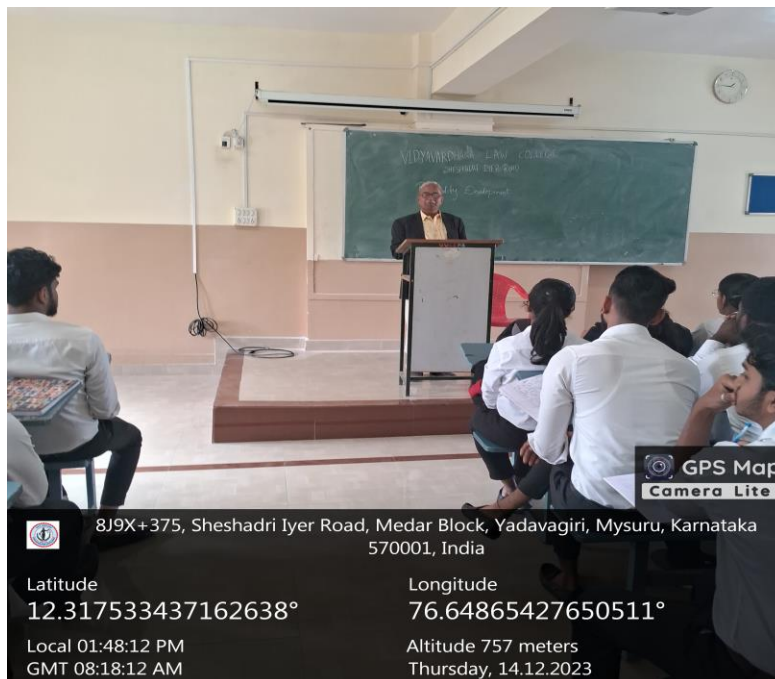
Three Components of Personality Development are-

Physical which includes Health and energy of the body

Mental which includes Developing Intelligence, knowledge and Skills.

Emotional which includes managing emotional health and relationships.

Gordon Willard Allport is the father of Personality theory. He spent nearly his entire academic Career at Harvard, completing his bachelor's degree and Ph.D. at the university Allport Pioneered research on human Personality. Personality comes from a complex neural construct, shaped by genetics and early developmental experiences that influence the structure and function of the brain.



Further, he said personality development encompasses the dynamic Construction and Deconstruction of integrative Characteristics that distinguish an Individual in terms of Interpersonal Behavioral traits.



Communication Skills is the most important aspect for the development of personality. The wealth, knowledge and experience should be shared and thus preserved. Communication plays an important role in Professional life. To be placed in a higher position your Personality has to be well defined.

Personality traits demonstrates moderate levels of continuity, smaller but still significant normative or mean level changes and individual differences in change, often late into the life course. This pattern is influenced by genetics and environmental factors. Childhood, social and personality development emerges through the interaction of social influences, biological maturation and the child's representations of the social world and the self.

Personality development means process of developing enhancing and changing one's personality over time such development occurs naturally over the course of life. Personality can be modified through intentional efforts when we meet people it is often their personality that grabs our attention. It refers to the enduring behaviors, traits, emotional patterns and abilities that make up a person's response to the events of their life. Personality development involves all of the factors that influence how our personalities form and change over time and it can include our genetic background and the environment where we are raised. It can change over time especially as people get older. So personality is a blend of behavioral and thought patterns that are relatively stable over time, characterizing an individual's traits and also attitudes.

The programme concluded with vote of thanks by Sri Shivakumara H.S.